



LESSON 1 OVERVIEW

GOD GIVES US HIS ARMOR

EPHESIANS 6:10-20

Home Supplies needed:

- Bible
- Oranges (at least two)
- Vase or clear container filled with water
- Cardboard (cut from an empty box) in the shape of Shield
- Aluminum Foil
- Markers/Decorating Items for Shield

Note to Parents/Guardians:

Before you start the lesson make sure to watch this video to prep for Object Lesson



OPENING

Share about a topic related to the lesson.

Supply: Bible

Welcome | Introduce the Lesson

Say: Have you ever tried on armor? Maybe you have been a soldier for a dress up day or seen armor in a museum? Did you know that we have God's Armor? We get to learn about that today!

Share

Tell kids an experience of you seeing armor (Military Armor, etc.)



CORE BIBLE DISCOVERY

Use creativity to explore the Bible story and what it means to be made in God's image.

Say: Wow, God gives us armor! He gives us way to defend ourselves and share His love with others. He made it especially for you and me! Let's see what the Bible says about our Armor.

Read Ephesians 6:10-20

As you read the passage about God's armor, help write out the different pieces of armor on a sheet of paper. Or have child draw the pieces with paper and markers! Take time to share the application of the armor with our children!

Say: God gives us armor! It's our job to share His love with others!

Let's pray about that.

Pray: Dear God, thank you that you take care of me and love me. Thank you for giving me armor that can protect me. Help us to share about your love to others, amen.



OBJECT LESSON VIDEO

Watch a video and share the object lesson with your child.

Demonstrate the Object Lesson

1. Start with 2 unpeeled oranges.
2. Talk about how some might say that they don't need "no silly' armor"! Peel one of the oranges represents someone without their armor on.
3. Place the peeled orange into the water and watch it sink to the bottom.
4. Naturally, the last step is to talk about how God's armor protects us. Place the unpeeled orange into the water and see how it floats.

Object Lesson was adapted by Better Bible Teachers.



CRAFT

Make shields and swords out of objects from home. God gives us His armor!

Supplies

- Cardboard (cut from an empty box) in the shape of Shield
- Aluminum Foil
- Markers/Decorating Items for Shield

Make Cardboard Shields and Aluminum Foil Swords

Say: God gives us His shield. *Let's use our creativity!*

Set out supplies and have kids follow these instructions:

- Cut out a shield shape with your helper from cardboard.
- Take Aluminum Foil and mold it into a sword with a blunt end.
- Decorate the outside of your shield with words and color. You could even do a God symbol, like a cross.



Talk About It

Ask: **What were some of the special items you put on your shield and why?**
How can we remind ourselves of God's armor every day?

Closing Prayer

Say: *Dear God, thank you for giving us your armor! Help us take what we learned today and share with others. Thank you for always loving us and caring for us. Amen.*